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Date of last update: 7/2/2023						
* Picture						
						
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Title: MD						
Academic position: Associated Professor of Endocrinology						
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* Place of Birth: Yazd						
* Date of Birth: 18/1/1971						
* Marital Status: Married						
* Children: 2						
* Home address & Telephone number:						
* Mobile number: 00989133515705						
Educational History						
Major	Minor	Degree	University	City	Country	Year(from/to)
		General practitioner	Yazd Open Uni of med sci	Yazd	Iran	1986 – 1993
		Internal Medicine Endocrinology & Metabolism	Kerman Uni of med sci	Kerman	Iran	1994 – 1998
			Tehran Uni of	Tehran	Iran	2004– 2006

			med sci			
Theses						
Title of Theses		Degree	Supervisor(s)			
1. Psychologic disorder in soldiers injured in war		General practitioner	Dr Rafieeyan			
2. Incidence of asthma in primary school children of Kerman in 1996		Internal Medicine	Dr Khorasani			
3. Relationship between osteoporotic hip fracture with BMD and geometry of femur in Bushehr		Endocrinology	Dr Larigani			
Courses (educational, training, research)						
Course		Level	Period	Place	Year	
1. Workshops of clinical research Methods		Elementary	3 days	Yazd University	1992	
			3 days	Kerman University	1996	
		Elementary	3 days	Tehran University	2005	
2. Workshop of good clinical practice		Elementary	1days	Kerman University	2006	
3. Workshop of Evidence base medicine			1 day	Tehran University	12 July 2006	
		Elementary	2 days	Kerman University ,Clinical Research Center	8-9 May 2007	
4. Workshop of Applied Statistics in Medical Research and the use of SPSS software		Elementary	3 days	Tehran University, EMRC	September 12-14,2006	
5. Workshop of Scientific Article Writing		Elementary & Advance	1 days	Tehran University, EMRC	8 November 2006	

6. Workshop of Scientific Article Writing		1 days	Tehran University, EMRC	22 November 2006
7. Workshop of Good Clinical Practice		1days	Kerman University, Clinical Research Center	21 February 2007
8. Workshops of computer & Internet	Intermedi ate	Several Days	Kerman University	2007
9. Workshop of Article Writing	Advanced	1 days	Kerman University	30 May 2007
10. 8th National congress on Medical Education		3 days	Kerman University	6-8 March 2007
11. Endnote I&II	Advanced	1days	Kerman University	10 July 2007
12. Workshop of New Clinical Assessment Methods		1 days	Kerman University	11 July 2007
13. International Workshop of Thyroid Sonography		2 days	Tehran University	12-13 January 2008
14. IOF Osteoporosis Diagnosis Course		2days	Tehran University	March 8-9 2008
15. Workshop of Lesson Plan		1 days	Kerman University	24 June 2008
16. The Second International Evidence Based Practice Workshop		3 days	Tabriz University	4-6 November 2008
	Advanced			

Work/Research Experiences				
<p>1. Relationship between osteoporotic hip fracture with BMD and geometry of femur in Bushehr</p> <p>2. Incidence of asthma in primary school children of Kerman in 1996</p> <p>3. Effect of stress on proinflammatory cytokines, Markers of cardiovascular stress , and lipid peroxidation production in healthy subjects</p>				
Teaching experiences				
Title & Type of lesson	School	Level	Year	
Internal medicine	Army university of Medical Science and health service, Iran	Medical students & Interns	1999- 2001	
Pathophysiology of Endocrine diseases	Kerman University of Medical Science and health service, Iran	Medical students	2003 -2021	
Endocrinology	Kerman University of Medical Science and health service, Iran	Medical students & Interns & Residents	2006-2021	
Continues Medical Educations (CME)	Several courses in Kerman	General practitioners, Internists Endocrinologists, Gynecologist	2003-2021	
Workshop of New Clinical Assessment Methods	Kerman University of Medical Science and health service, Iran	Medical Clinical Faculties	7 August 2008	

Professional Service (consult, collaborate)							
Type of service		Place		Year			
Endocrine & Metabolism consults		Kerman University of Medical Science & Health Service		2006-2021			
Executive Positions							
Job Title		Duties & Responsibility		Site of activity		Year (from/to)	
Clinical instructor of Endocrinology & Metabolism War		Students Training		Afzalipour Hospital, Kerman University of Medical Science		2006-present	
Supervisor of internship training program in Endocrinology & Metabolism Ward		Interns Training		Afzalipour Hospital, Kerman University of Medical Science		2006-present	
Internal group Manager		Manager		Kerman University of Medical Science		2022-present	
Editorial							
Journal name		Place of publishing		Duties & Responsibility	Year (from/to)		
Publications							
Books							
Author(s)		Title		Publisher	Site of publication	Year of publication	
Articles							
Authors		Title	Journal name	Vol; No	Issue No	Page No	Year
Habibi Khorasani AR, Janghorbani M, Gozashti H , Samareh Fekri M		Prevalence of Asthma in elementary school children in Kerman in 1999	Journal Of Kerman University of Medical Sciences	4	9	184-193	2002
Tehrani MR, Gozashti MH , Soltani A.		Diabetic Patient with Recurrent Suppurative Lesion (A Case Report)	Iranian Journal of Diabetes and Lipid Disorders	4	5	393-397	2006
Gozashti MH , SOLTANI A,		Relationship between Family History of	Iranian Journal of	36	Supple 1	70-74	2007

HOSSEIN NA, NABIPOUR I.	Osteoporotic Fracture and Femur Geometry	Public Health				
Gozashti MH, Hossein-nezhad A, Keshtkar A, Nabipour I, Larijani B.	Relationship between femur geometry and familial history of osteoporotic fracture	Journal of Clinical Densitometry	10	2	S205- S206	2007
Piro A, Tagarelli A, Tagarelli G, Lagonia P, Quattrone A,... Gozashti MH, et al.	Archibald Edward Garrod: the physician father of biochemistry.	Metabolism- Clinical and Experimental .	58	4	427-437.	2009
Tehrani MR, Gozashti MH, Soltani A.	Diabetic Patient with Recurrent Suppurative Lesion (A Case Report).	Journal of Diabetes and Metabolic Disorders.	5	4	393-397	2006
Gozashti MH, Hossein-nezhad A, Keshtkar A, Nabipour I, Larijani B.	Relationship between femur geometry and familial history of osteoporotic fracture.	Journal of Clinical Densitometry	2	10	S205- 206.	2007
Nematollahi LR, Taheri E, Larijani B, Mohajeri M, Gozashti M, Wan JY, Kitabchi AE.	95 Catecholamine- Induced Leukocytosis in Acute Hypoglycemic Stress.	Journal of Investigative Medicine	55	1	S262- S262	2007
Gozashti MH, Nabipour I, Soltani A, Hossein-nezhad A, Larijani B.	Relationship between family history of osteoporotic fracture and femur geometry.	Iranian Journal of Public Health	36	(Supple 1):	70-74.	2007
Nematollahi LR, Kitabchi AE, Stentz FB, Wan JY, Larijani BA, Tehrani MM, Gozashti MH, Omidfar K, Taheri E.	Proinflammatory cytokines in response to insulin-induced hypoglycemic stress in healthy subjects.	Metabolism	58	4	443-448.	2009
Gozashti M, Soltani A, Mashrouteh M.	Levothyroxin pseudo- malabsorption: a case report.	Iranian Journal of Endocrinolog y and Metabolism	11	5	590-609.	2009
Nematollahi LR, Kitabchi AE, Stentz FB, Wan JY, Larijani BA, Tehrani MM, Gozashti MH, Omidfar K, Taheri E.	Proinflammatory cytokines in response to insulin-induced hypoglycemic stress in healthy subjects.	Metabolism	58	4	443-448.	2009
Hasani-Ranjbar S, Amoli MM, Ebrahim-Habibi A, Gozashti MH, Khalili N, Sayyahpour FA, Hafeziyeh J, Soltani A, Larijani B.	A new frameshift MEN1 gene mutation associated with familial malignant insulinomas.	Familial cancer	10	2	343-8.	2011

Gozashti MH, Shahesmaeili A, Zadeh NA.	Is opium addiction a risk factor for bone loss?.	Iranian Red Crescent Medical Journal	13	7	464-468	2011
Fekri MS, Shokoohi M, Gozashti MH, Esmailian S, Jamshidian N, Shadkam-Farokhi M, Lashkarizadeh MR, Afshar RM.	Association between Anti-Thyroid Peroxidase Antibody and Asthma in Women	Iran J Allergy Asthma Immunol	11	3	241- 245	2012
Fekri MS, Shokoohi M, Gozashti MH, Esmailian S, Jamshidian N, Shadkam-Farokhi M, Lashkarizadeh MR, Afshar RM.	Association between anti-thyroid peroxidase antibody and asthma in women.	Iranian Journal of Allergy, Asthma and Immunology.	11	3	241-245	2012
Niafar M, Nakhjavani M, Esteghamati A, Ziaie A, Jahed SA, Azmandian J, Khamseh ME, Yousefzadeh G, Gozashti MH, Malek M.	Efficacy and safety of insulin glargine in type 2 diabetic patients with renal failure.	International Journal of Diabetes and Metabolism.	3	4	743	2012
Niafar M, Nakhjavani M, Esteghamati A, Ziaie A, Azmandian J, Jahed A, Khamseh M, Yousefzadeh G, Gozashti M, Malek M.	Efficacy and Safety of Insulin Glargine in Type-2 Diabetes Mellitus Patients with Moderate Renal Failure.	Bioscientific a.	29			2012
Porseyyedi B, Zenalinejhad H, Moslemi-Aghili SM, Aghaei-Afshar M, Lashkarizadeh MR, Sanjari M, Yosefzadeh GH, Gozashti MH.	Comparison of the Frequency of Recurrent Laryngeal Nerve Injury with and without Exploration of the Nerve in Thyroidectomy.	Journal of Kerman University of Medical Sciences	19	3	300-7.	2012
Mashrouteh M, Khanjani N, Gozashti MH.	Evaluation of compliance with drug regimens in diabetic patients referred to the endocrinology clinic of Afzalipour Hospital, Kerman, Iran.	Health and Development Journal.	1	3	182-92.	2012
Gozashti MH, Gholamhosseinian A, Musavi F, Mashrouteh M.	Relationship between serum cystatin C and polycystic ovary syndrome.	International Journal of Reproductive BioMedicine.	11	1	71-76	2013
Ghotbi MR, Khanjani N, Barkhordari A, Rahimi Moghadam	Changes in urinary catecholamines in response to noise exposure in workers	Environmental monitoring and assessment.	185	11	8809-14.	2013

S, Mozaffari A, Gozashti MH.	at Sarcheshmeh Copper Complex, Kerman, Iran.					
Gozashti MH, Najmeasadat F, Mohadeseh S, Najafipour H.	Determination of most suitable cut off point of waist circumference for diagnosis of metabolic syndrome in Kerman.	Diabetes & Metabolic Syndrome: Clinical Research & Reviews	8	1	8-12	2014
Rahimi N, Gozashti MH, Najafipour H, Shokoohi M, Marefati H.	Potential Effect of Opium Consumption on Controlling Diabetes and Some Cardiovascular Risk Factors in Diabetic Patients	Addict Health	6	2	1-6	2014
Rahimi N, Gozashti MH, Marefati H, Rahnama K, Aghaei I, Moosazadeh MJ.	Prevalence of cardiovascular risk factors in diabetic patients and its relationship with opium consumption	Journal of Guilan University of Medical Sciences.	22	88	49-57.	2014
Gozashti MH, Hasanzadeh A, Mashrouteh M.	Prevalence of metabolic syndrome in patients with minor beta thalassemia and its related factors: a cross-sectional study.	Journal of Diabetes & Metabolic Disorders.	13	1	1-5	2014
Gozashti MH, Mohammadzadeh E, Divsalar K, Shokoohi M.	The effect of opium addiction on thyroid function tests	Journal of Diabetes & Metabolic Disorders.	13	1	1-5	2014
Gozashti MH, Yazdi F, Salajegheh P, Dehesh MM, Divsalar K.	Fasting blood glucose and insulin level in opium addict versus non-addict individuals.	Addiction & health.	7	(1-2)	54	2015
Hossein GM, Maryam S, Saeed E, Hamid N, Mahdiah M.	The prevalence of latent autoimmune diabetes in adults and its correlates in patients with type 2 diabetes in Kerman, Iran [2011].	Diabetes & Metabolic Syndrome: Clinical Research & Reviews.	9	2	104-7.	2015
Yazdi-Feyzabadi V, Gozashti MH, Komsari S, Mohammadtaghizad eh S, Amiresmaili M.	Quality assessment of clinical education services in teaching hospitals located in Kerman, Iran.	Electronic physician.	7	7	1427.	2015
Yousefzadeh G, Gozashti M, Najafipour H, Gholamhosseinian NA, Bahramnejad A, Shokouhi M.	Common autoimmune biomarkers, thyroid hormonal abnormalities, and beta cells dysfunction in patients with latent autoimmune diabetes	Diabetes & Metabolic Syndrome: Clinical Research & Reviews.	10	1	S52-5.	2016

	in adults with type II diabetes mellitus.					
Gozashti M, Mashrouteh M.	Evaluating the Prevalence of Endocrinopathies and Metabolic Disorders in Patients Suffering from Sickle Cell Anemia in Kerman.	Iranian Journal of Endocrinology and Metabolism.	17	5	409-15.	2016
Gozashti M, Mashrouteh M.	Evaluating the Prevalence of Endocrinopathies and Metabolic Disorders in Patients Suffering from Sickle Cell Anemia in Kerman.	Iranian Journal of Endocrinology and Metabolism.	17	5	9-15	2016
Hasani M, Khanjani N, Mahmoodi MR, Fadakar MM, Iranpour A, Gozashti MH.	Developing Pictographs for Increasing Adherence in Patients with Diabetes Mellitus.	American Journal of Educational Research.	4	5	371-7.	2016
Gozashti MH, Eslami N, Radfar MH, Pakmanesh H.	Sleep pattern, duration and quality in relation with glycemic control in people with type 2 diabetes mellitus.	Iranian journal of medical sciences.	41	6	531	2016
Heydari Z, Shahesmaeili A, Khajeh-Bahrami MR, Rezazadeh-Mehrizi M, Gozashti MH, Moazed V.	An investigation of the risk factors of osteoporosis and the correlation between opium consumption and osteoporosis in adults.	Addiction & Health.	9	4	214.	2017
Mohammadi M, Gozashti MH, Aghadavood M, Mehdizadeh MR, Hayatbakhsh MM.	Clinical significance of serum IL-6 and TNF- α levels in patients with metabolic syndrome.	Reports of biochemistry & molecular biology.	6	1	4-7	2017
Rezapour M, Shahesmaeili A, Hossinzadeh A, Zahedi R, Najafipour H, Gozashti MH.	Comparison of lipid ratios to identify metabolic syndrome.	Archives of Iranian Medicine.	21	12	72-7.	2018
Mohammadi M, Hayatbakhsh MM, Gozashti MH, Aghadavood M.	Association between Metabolic Syndrome and the Polymorphism of TNF-a-308 G> A Gene in Kerman, Iran	Navid No.	22	7	10-22	2019
Dehesh T, Dehesh P, Gozashti MH	Metabolic factors that affect health-related quality of life in type 2 diabetes patients: a multivariate regression analysis.	Diabetes, metabolic syndrome and obesity: Targets and therapy	12		1181-8	2019
Dehesh P, Dehesh T, Gozashti MH	Evaluating the Direct and Indirect Effects of SF-36 Domains	Romanian Journal of Diabetes	26	1	21-30	2019

	Score on Two Main Factors in Diabetic Patients with Path Analysis: Health-Related Quality of Life Study.	Nutrition and Metabolic Diseases.				
Ghazanfari R, Mousavi Nasab SM, Gozashti MH	The effectiveness of mindfulness based cognitive therapy and attention bias modification on psychological symptoms in patients with type 2 diabetes.	Studies in Medical Sciences. 2019 Jun	30	3	239-49.	
Gozashti MH , Kafi Kang MM, Mashrooteh M, Enhesari A.	The Relationship between Abnormal Ankle-brachial Index and Micro-vascular Complications of Diabetes Type II.	Journal of Kerman University of Medical Sciences.	27	5	404-13.	2020
Enhesari A, Khatami M, Gozashti MH , Safi Z, Khatami M.	A study on the relationship between serum uric acid and the thickness of intima-mediated carotid.	Journal of Advanced Pharmacy Education & Research	11	3		2021
Naderi T, Salari Z, Gozashti MH , Peydayesh M.	Effect of vitamin D supplement on glycemic control in gestational diabetes.	Academic Journal of Health Sciencies: Medicina balear.	36	4	81-7.	2021
Soleimanisardoo L, Rouhani M, Sardoo FS, Gozashti MH	The Effect of Thyroid Stimulating Hormone on Stage of Differentiated Thyroid Carcinoma.	Endocrinology, Diabetes & Metabolism.	4	3	e00266.	2021
Yazdi F, Baghaei MH, Baniasad A, Naghibzadeh-Tahami A, Najafipour H, Gozashti MH	Investigating the relationship between serum uric acid to high-density lipoprotein ratio and metabolic syndrome.	Endocrinology, Diabetes & Metabolism.	5	1	e00311.	2022
Sedighi B, Gozashti M , Akbari Z, Shafie'ei M, Abna Z.	Multiple sclerosis following multiple endocrine neoplasia type 2: A case report.	Neuroimmunology Reports.			100080	2022
Mosallanejad S, Mahmoodi M, Tavakkoli H, Khosravi A, Salarkia E, Keyhani A, Dabiri S, Gozashti MH , Pardakhty A, Khodabandehloo H, Pourghadamyari H	Empagliflozin induces apoptotic-signaling pathway in embryonic vasculature: In vivo and in silico approaches via chick's yolk sac membrane model.	Frontiers in Pharmacology.			13	2022
Divsalar P, Zamanizadeh S, Gozashti MH	Suicidal Ideation and Depression in Hospitalized Patients	Current Psychosomatic Research.	1	1	62-77	2022

	with Metabolic Syndrome.					
Rouhani Ravari M, Soleymani Sardoo F, Tayari Z, Soleimanisardoo L, Gozashti MH	The Effect of 6 Months of Methadone Maintenance Therapy on Serum Levels of Cortisol, TSH, T4, and PTH Hormones.	SN Comprehensive Clinical Medicine.	4	1	1-5	2022
Rouhani Ravari M, Soleymani Sardoo F, Soleimanisardoo L, Gozashti MH	The Effect of 3 Years of Methadone Maintenance Therapy on Biochemical and Biophysical Parameters of Opioid Use Disorder Patients.	International Journal of Mental Health and Addiction.			1-8	2022
Sedighi B, Gozashti M , Akbari Z, Shafie'ei M, Abna Z.	Multiple sclerosis following multiple endocrine neoplasia type 2: A case report.	Neuroimmunology Reports.			100080.	2022
Najafzadeh MJ, Baniasad A, Shahabinejad R, Mashrooteh M, Najafipour H, Gozashti MH.	Investigating the relationship between haematological parameters and metabolic syndrome: A population-based study.	Endocrinology, Diabetes & Metabolism.	27		e407.	2023

Congress Presentations (Abstracts)

Authors	Title	Congress	Place	Type of Presentation (Oral, Poster)	Year

Theses Consulted or Supervised

Title	Degree /level	Place	Role	Year
Study of Diabetes prevalence in Kerman in 87	General practitioner	Kerman University of Medical Science & Health Service	supervisor	2008
Study of Metabolic syndrome Prevalence in Kerman in 87	General practitioner	Kerman University of Medical Science & Health Service	supervisor	2008

Lectures				
Title	Seminar's name	Place	Year	
Approved research projects				
Title	Role	Place	Status of project	Year
Study of Diabetes and Metabolic syndrome prevalence in Kerman in 2008	Performer	Kerman University of Medical Science & Health Service	performing	2008
Professional Memberships				
Name of association/ committee	Place	Type of Membership	Year (From/To)	
Member of Iranian Medical Council		Full Registered [No: 66194]	1993-present	
Hormone committee	Kerman University of Medical Science & Health Service	Full Registered	2006 to present	
GI & Liver Committee	Kerman University of Medical Science & Health Service	Full Registered	2008	
Research Committee of Medical School	Kerman University of Medical Science & Health Service	Full Registered	2008	
Honors and Awards				
Award	Reason	Place	Awarding body	Year
9th Rank in Board examination of Internal Medicine		Kerman University of Medical Science & Health Service		1998
Third Rank in Upgrading Examination of Internal Medicine		Kerman University of Medical Science & Health Service		1996

Grants received			
Source	Grant number & Title	Role in project	Period
skills			
Professional interest			
References			