



OMID ESLAMI

GASTROENTEROLOGIST

Contact Information

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Address: Afzalipour Academic Center, Imam high way, Kerman, Iran, Post Code: 7616913911

Academic rank

Assistant Professor

School

Medicine
Internal Medicine Department

Hospital

Afzalipour

Research center

Gastroenterology and Hepatology Research Center

About me

In addition to specialty field, my interests are in Sports and Film
My Main Research Areas: Functional Gastrointestinal Diseases, Gastrointestinal Malignancy and Hepatobiliary Diseases

Education

1. MD

MD Degree from Faculty of Medicine, Rafsanjan University of Medical Sciences, Rafsanjan, Iran, 1995-2003

2. Resident

Specialty Board of Internal Medicine, Tehran University of Medical Sciences, Tehran, Iran, 2010-2015

3. Subspecialist Training

Adult Gastrointestinal and Liver Diseases, Tehran University of Medical Sciences, Tehran, Iran, 2016-2018

Awards and Honors

1. Sample Fellowship Student, Tehran University of Medical Sciences, Tehran, Iran, 2016

Experiences

Scientific Position

Teaching

1. Assistant Professor

Department of Internal Medicine, School of Medicine, Kerman University of Medical Sciences,
Kerman, Iran 2018-Present

Thesis and Dissertations (as Supervisor/Advisor)

1. Efficacy of traditional Persian remedy of *Melissa officinalis*, *Rosa damascena* and *Pimpinella anisum* on clinical symptoms of patients with irritable bowel syndrome constipation pre dominant (IBS-C) 2020

Lectures in National/International Congresses/ Conference

1. Screening methods in colorectal cancers: Fourth midterm Congress of Iranian Society of Surgeons Kerman Branch; Kerman, Iran 2019 (9-11 October)
2. Common diseases in the area of internal specialization: Periodical Scientific Conference; Kerman, Iran 2019 (30 September)
3. Constipation Treatment with Integrated Medicine Approach: One-day Scientific Conference, Kerman, Iran 2019 (5 December)
4. Internal Emergencies: One-day Scientific Conference, Sirjan, Iran 2015 (27 July)
5. Drug induced liver injury: 3rd Hepatology Congress, Tehran, Iran 2026 (16-17 July)
6. Early gastric cancer: 25th Iranian Congress of Gastroenterology and Hepatology 2025 (16-19 December)
7. Chronic Diarrhea: Don't Flush the Signs Away: Kerman, Iran 2026 (29 may)

Certifications & Courses

1. Advanced endoscopy course
2018

Executive Position

1. Gastroenterologist

Afzalipour Hospital, Kerman University of Medical Sciences (KUMS), Kerman, Iran, 2018-Present

2. Internal Medicine Specialist

Imam Reza Hospital, Sirjan School of Medical Sciences, Sirjan, Iran, 2014-2016

3. Director of Triangular Clinic

Hormozgan Prisons General Office, Hormozgan, Iran, 2004-2007

4. Director of Central Dormitory Clinic

Hormozgan University of Medical Sciences, Hormozgan, Iran, 2004-2005

Publications

1. Case series of papillectomy by endoscopic retrograde cholangiopancreatography (ERCP)

Author(s): Roushan N, Allameh SF, Eslami O

Medical journal of the Islamic Republic of Iran (MJIRI), Vol 32, Issue 1, Year 2018, Page(s) 43

URL: <http://mjiri.iums.ac.ir/article-1-4873-en.html>

2. Duodenal Variceal Bleeding: A Rare Case of Upper Gastrointestinal Bleeding

Author(s): Roushan N, Eslami O, Taslimi R, Allameh SF

Govaresh, Vol 23, Issue 3, Year 2018, Page(s) 193-6

URL: <http://www.govaresh.org/index.php/dd/article/view/2009>

3. Candida Associated Gastric Ulcers with Active Bleeding; A Case Report (Persian)

Author(s): Roshan N, Eslami O, Ebrahimi Daryani N

Govaresh, Vol 22, Issue 3, Year 2017, Page(s) 177-181

URL: <http://www.govaresh.org/index.php/dd/article/view/1891>

4. Epidemiology and Burden of Gallbladder and Biliary Diseases and the Socioeconomic Factors in the Region of Middle East and North Africa, 1990–2021: Estimates From the Global Burden of Disease 2021 Study.

Autor(s): Zahra Isari, Melika Azizi Ghasabadi, Mohammad Amin Gharihe, Amir

Mashayekhi, Ali Khashaveh, Esmaeil Dabiri, Saeed Bahrapour, Arman Farsi, Kamiar

Izadpanah, Hossein Pourghadamyari, Hamid Sharifi, Omid Eslami

Health Science Reports. 2026 Feb;9(2):e71829.

URL: <https://doi.org/10.1002/hsr2.71829>

5. Probiotics in the Management of Hepatic Diseases: Underlying Mechanisms and Clinical Applications

Authors: O Eslami, A Farsinejad, A Khanahmad

Journal of Mazandaran University of Medical Sciences. 2026 Mar 10;36(255):77-94

URL: <http://jmums.mazums.ac.ir/article-1-22393-en.html>

6. Colon obstruction due to sunflower seed bezoar: A case report

Authors: SM Khoshnazar, O Eslami

International Journal of Surgery Case Reports. 2025 Mar 1;128:110841.

URL: <https://doi.org/10.1016/j.ijscr.2025.110841>

7. Epidemiological trends and burden of metabolic dysfunction-associated steatotic liver disease in the Middle East and North Africa region: a 32-year analysis of health impact

Authors: Sarkoohi Z, Bastan MM, Khajuei Gharaei MA, Iranmanesh M, Adinepour A, Khajezade R, Bahri F, Akhlaghi F, Kadkhodamanesh A, Pourghadamyari H, Sharifi H, Eslami O

Journal of Health, Population and Nutrition. 2025 Jun 18;44(1):207.

URL: https://pmc.ncbi.nlm.nih.gov/articles/PMC12175313/pdf/41043_2025_Article_973.pdf

8. Global Trend on Machine Learning in Helicobacter within One Decade: A Scientometric Study

Authors: Omid Eslami, Mohsen Nakhaie, Mohammad Rezaei Zadeh Rukerd, Maryam

Azimi, Ellahe Shahabi, Amin Honarmand, Mahdiyeh Khazaneha

Global Health, Epidemiology and Genomics. 2023;2023(1):8856736.

URL: <https://doi.org/10.1155/2023/8856736>

9. Burden of digestive congenital anomalies in the Middle East and North Africa region between 1990 and 2021

Authors: Fatemeh Akhlaghi, Azin Kadkhodamanesh, Faegheh Bahri, Reyhane Khajezade, Arya Adinepour, Mahsa Iranmanesh, Mohammad Amin Khajuei Gharaei, Omid Eslami

Journal of Health, Population and Nutrition. 2026 Jul 18.

URL: <https://doi.org/10.1186/s41043-026-01398-4>

10. Global Scientific in Hepatocellular Carcinoma: A Scientometric Analysis and Machine Learning

Authors: Maryam Azimi, Mohammad Javad Zahedi, Mohsen Nakayama KarimzadehKiskani, Omid Eslami, Mahdiyeh Khazaneha

Journal of Scientometric Research

URL: <https://jscires.org/10.5530/jscires.20251168>

11. Efficacy of Melissa officinalis, Pimpinella anisum, and Rosa damascena formula in irritable bowel syndrome: A double-blind, randomized trial

Authors: M Azimi, HKD Shahrabaki, M Raeiszadeh, F Alijani, O Eslami

Advances in Integrative Medicine. 2025 Sep 1;12(3):100446.

URL: <https://sciencedirect.com/science/article/abs/pii/S2212958824001599>

12. Examining the Frequency of Second Endoscopy and Its Effect on Patient Outcomes With Upper Gastrointestinal Bleeding in Southeast of Iran

Authors: F Alijani, SM Khoshnazar, O Eslami

Surgical Laparoscopy Endoscopy & Percutaneous Techniques. 2024 Jun 1;34(3):314-20.

URL: <https://pubmed.ncbi.nlm.nih.gov/38727741>

13. Effects of a traditional herbal formula containing Melissa officinalis, Pimpinella anisum, and Rosa damascena on anxiety and depression in patients with constipation-predominant irritable bowel syndrome (IBS-C): A double-blind randomized clinical trial

Authors: M Azimi, HKD Shahrabaki, M Raeiszadeh, O Eslami

Explore. 2024 Nov 1;20(6):103013.

URL: <https://pubmed.ncbi.nlm.nih.gov/38937193>

14. Differential expression of long non-coding RNAs in colon cancer: Insights from transcriptomic analysis

Authors: H Ahmadirad, H Pourghadamyari, M Hadizadeh, M Ali-Kheyli, O Eslami, A Afgar, AR Sayadi

Pathology-Research and Practice. 2024 Sep 1;261:155477

URL: <https://doi.org/10.1016/j.prp.2024.155477>

15. The Agreement between Endoscopic and Histopathological Findings of Esophageal and Gastroduodenal Lesions and Its Relationship with Endoscopists' Experience.

Authors: Omid Eslami, Mohammad Javad Najafzadeh, Mohadeseh Shafiei

Middle East Journal of Digestive Diseases. 2023 Oct 30;15(4):293

URL: [https://cloud-sc1.glibrary.net/record/display.uri?eid=2-s2.0-](https://cloud-sc1.glibrary.net/record/display.uri?eid=2-s2.0-85183865204&origin=resultslist&sort=plf-f&src=s&sid=6bff7994e7a021ac234239c208c0420f&sot=b&sdt=b&s=TITLE-ABS-KEY%28The+Agreement+between+Endoscopic+and+Histopathological+Findings+of+Esophageal+and+Gastroduodenal+Lesions+and+Its+Relationship+with+Endoscopists%E2%80%99+Experience%29&sl=116&sessionSearchId=6bff7994e7a021ac234239c208c0420f&relpos=0)

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16. Gastrointestinal bleeding: prevalence, etiology, and outcomes in COVID-19 inpatients

Authors: Sara Shafieipour, Esmaeil Mohammadi, , Mohammad Mahdi Hayatbakhsh Abbasi, Sodeif Darvish-Moghadam, Seyed Mehdi Seyed Mirzaei, Bijan Ahmadi, Ali Saeidpour, Omid Eslami Govarehsh. 2023 May 24;28(1):30-5

URL: <http://www.govarehsh.org/index.php/dd/article/view/2531>

17. Changing the Educational System Processes Toward the Mission-orientation and Accountability in a University Educational Hospital

Authors: Salajaghe F, Lashkarizadeh MR, Sedighi GR, Eslami O, Dalfardi B, Emami Pour A, Karimdadi F, Torabi B

Strides in Development of Medical Education. 2022 Dec 1;19(1):190-1.

URL: [https://www-scopus-com.bbibliograficas.ucc.edu.co/record/display.uri?eid=2-s2.0-](https://www-scopus-com.bbibliograficas.ucc.edu.co/record/display.uri?eid=2-s2.0-85146976739&origin=resultslist&sort=plf-f&src=s&st1=Changing+the+Educational+System+Processes+Toward+the+Mission-orientation+and+Accountability+in+a+University+Educational+Hospital&sid=7abc8eb2628da4725f7e3d24f20cc818&sot=b&sdt=b&sl=143&s=TITLE-ABS-KEY%28Changing+the+Educational+System+Processes+Toward+the+Mission-orientation+and+Accountability+in+a+University+Educational+Hospital%29&relpos=0&citeCnt=0&searchTerm)

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18. Effect of Helicobacter pylori eradication on metabolic profile: an international, multicenter, case-control study

Authors: Alavinejad P, Hajiani E, Parsi A, Satari A, Rezaei MJ, Nayeibi M, Hormati A, Eslami O, Ahmed MH, Tran QT, Arshadzadeh M

BMC gastroenterology. 2022 Dec 8;22(1):507.

URL: <https://pubmed.ncbi.nlm.nih.gov/36482315>

19. Oral N-acetyl cysteine versus rectal indomethacin for prevention of post ERCP pancreatitis: a multicenter multinational randomized controlled trial

Authors: Alavinejad P, Tran NP, Eslami O, Shaarawy OE, Hormati A, Seiedian SS, Parsi A, Ahmed MH, Behl NS, Abravesh AA, Tran QT

Arquivos de gastroenterologia. 2022 Nov 14;59(04):508-12.

URL: <https://pubmed.ncbi.nlm.nih.gov/36383882>

20. Autoimmune hepatitis after coronavirus disease vaccination

Authors: Eslami O, Lashkarizadeh M

Journal of Gastrointestinal & Liver Diseases. 2022 Sep 1;31(3):355.

URL: <https://pubmed.ncbi.nlm.nih.gov/36112706>

21. Anastomotic biliary stricture following liver transplantation and management analysis: 15 years of experience at a high-volume transplant center

Authors: Eslami O, Moazzami B, Zabala ZE, Roushan N, Dashti H, Fakhar N, Saberi H, Jafarian A, Toosi MN

Indian Journal of Gastroenterology. 2022 Jun;41(3):231-9.

URL: <https://pubmed.ncbi.nlm.nih.gov/35838868>

22. Candida associated gastric ulcers with active bleeding; a case report

Authors: Roshan N, Eslami O, EBRAHIMI DN

Govaresh(13107)

URL: https://www.scopus.com/record/display.uri?eid=2-s2.0-85031117098&origin=resultslist&sort=plf-f&src=s&st1=Candida+Associated+Gastric+Ulcers+with+Active+Bleeding%3b+A+Case+Report&sid=e35c727f6b7f1ee3ccf923de298ad62a&sot=b&sdt=b&sl=84&s=TITLE-ABS-KEY%28Candida+Associated+Gastric+Ulcers+with+Active+Bleeding%3b+A+Case+Report%29&reipos=0&citeCnt=0&searchTerm=&featureToggles=FEATURE_NEW_DOC_DETAILS_EXPORT:1

23. Case series of papillectomy by endoscopic retrograde cholangiopancreatography (ERCP)

Authors: Roushan N, Allameh SF, Eslami O

Medical Journal of the Islamic Republic of Iran. 2018 May 30;32:43

URL: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6108250>

24. Board questions and Promotion of kidney diseases (Book)

Artin teb, 2012

25. Board questions and Promotion of Rheumatology Diseases (Book)

Artin teb, 2012

26. Board questions and Promotion of Internal Medicine (Book)

Artin teb, 2011

27. Preparation for board exams and upgrades (Book)

Teb bartar, 2011

Referees

1. Professor Zahedi Mohammad Javad, Gastroenterologist, Afzalipour Hospital, Kerman University of Medical Sciences (KUMS), Kerman, Iran
2. Assistant Professor Saeid Poor Ali, Gastroenterologist, Afzalipour Hospital, Kerman University of Medical Sciences (KUMS), Kerman, Iran