

Curriculum vitae

DR. Mojgan Sanjari

Professor of Endocrinology and Metabolism

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Personal Details

Full name	Mojgan Sanjari
Marital status	Married, two children
Date of birth	August 3, 1965
Place of birth	Kerman, Iran
Nationality	Iranian
Citizenship	Iranian

Academic Qualifications

1. Nov 2017 Fellowship of Interventional sonography and Radiofrequency of thyroid, Asan Medical Center, Seoul .South Korea.
2. June 2017-july 2017 and September 2017-Oct 2017 Fellowship of thyroid sonography and laser ablation University of Pisa, Pisa, Italy
3. 2015-2016-Fellowship in Medical Education, Kerman University of Medical Sciences, Kerman, Iran
4. June 2010-september2010-Research fellow, Endocrine surgery department, Cleveland clinic, OHIO, USA
5. May 2007-Dec. 2007 – Fellowship of wound care, Tehran & Toronto University (joint course), Tehran, Iran
6. 1999-2001 – Endocrinology subspecialty, Tehran University, Tehran, Iran
7. 1991-1995 – Internal medicine specialty, Shiraz University, Shiraz, Iran
8. 1984-1991 – general Practitioner, Kerman University, Kerman, Iran

Professional Memberships

1. 2019 to date Iranian sub-specialty Board of endocrinology
2. 2014 to date- Iranian Board of General Practitioner
3. 2014 to 2015– Endocrine Society
4. 2012 to date-Member of scientific committee of Olympiad of medical Students
5. 2009 to date- Iranian Osteoporosis Network
6. 2008 to date-Iranian Diabetes Network
7. 2006 to date-Research Council of Kerman University of Medical Sciences
8. 2005 to date – Kerman University Research council
9. 2005 to date – Iranian Obesity Society
10. 2004 to 2005 – American Association of Clinical Endocrinology
11. 2001 to date – Iranian Endocrine Society

Professional Career

1. 2020 to date head of internal medicine group, kerman university of medical sciences
2. 2015 until present Head of Endocrinology and Metabolism Research Center, Kerman University of Medical Sciences, Kerman, Iran.
3. 2005 until present Head of Endocrine clinic and ward, Afzalipour hospital, Kerman, Iran.
4. 2004– until 2015 Head of Metabolism and hormone research committee, Kerman, Iran.
5. 2001- until 2005– Head of endocrine ward and clinic, Shahid Bamonar and hospital, Kerman, Iran
6. 1997-1999 – Head of Internal Medicine Ward, Kerman Darman Hospital, Kerman, Iran

Postgraduation Professional Training

1. Several courses of speaker training and training the trainer in /Turkey
2. Mar. 2008 - ADA trainer course, Paris, France
3. Jan. 2008 – Thyroid sonography, Tehran University, Tehran, Iran
4. Nov. 2007 – Thyroid sonography, Shahid Beheshti University, Tehran, Iran
5. Aug. 2007 - Intensive course in Epidemiology and Biostatistics, Kerman University, Kerman, Iran
6. 2008, 2007, 2006 – Workshops in Computer and Internet, Kerman University, Kerman, Iran
7. Dec. 2006 – United States Public Health International Visitor Exchange, CDC & NIH, Cleveland clinic, Harvard University, USA
8. 2004 – Workshop on Evidence based medicine, Kerman University, Kerman, Iran
9. 2002 – Workshop on Good clinical practice, WHO
10. 2000, 1999 – Workshops on Clinical research, Shahid Beheshti University, Tehran, Iran
11. 1998 – Workshop on Clinical research, Kerman University, Kerman, Iran
12. 1993 – Workshop on Clinical research, Shiraz University, Shiraz, Iran

Skills and Interests

1. Radiofrequency and laser ablation of Thyroid Nodules
2. Thyroid, Parathyroid and Neck sonography and Fine Needle Aspiration
3. Bone mineral densitometry
4. Fine needle aspiration
5. Interested in Thyroid cancer and Herbal drugs and Diabetes

Research

1. Effects of Ramadan fasting on healthy adults
2. Prevalence of subclinical hypothyroidism in Diabetic patients in Kerman, Iran
3. Prevalence of hypothyroidism and iron deficiency in preschool children with low IQ and effects of treatment on IQ, in Kerman, Iran
4. Prevalence and etiology of goiter in 8-12 years old children in Kerman, Iran
5. Prevalence of microalbuminuria in hyperlipidemic patients
6. Ghrelin and leptin levels in thyroid dysfunction
7. Foot problems in diabetic patients
8. The effect of diabetic foot ulcer on health related quality of life
9. Relationship between serum ghrelin and resistin in type 1 and 2 diabetes patients
10. Effect of rosa damascena extracts prescription on fasting and post prandial blood sugar in diabetic patients
11. Evaluation of effect of acarbose consumption on weight loss in non diabetic obese patients
12. Prevalence of metabolic syndrome and correlation of cortisol and adiponectin serum concentration with its parts
13. Efficacy of Vitamin D on COPD exacerbation: A double blind randomized placebo-controlled clinical trial

14. Investigation of the safety profile, metabolic and pharmacokinetic effect of extract of *Berberis aristata* on blood glucose versus Metformin in patients with type 2 diabetic mellitus.
15. Investigation of serum prolactin level in women with Hyperthyroidism.
16. Association between urinary IgM excretion and diabetic retinopathy in diabetic patient
17. comparison of the effect of insulin glargine on glycemic control when combined with either metformin and/or acarbose in Type 2 diabetic patients.
18. Prevalence and some causes (physical activity, nutrition, etc.) of obesity in primary school children in Kerman in 1393
19. Assessment of validity and reliability of quality of life questionnaire in thyroid cancer patients and Quality of life and its effective factors in patients with thyroid cancer by using the persian version of specific questionnaire in kerman
20. Evaluation of B-Catenin gene expression in prognosis and course of disease in patients with papillary thyroid cancer
21. Evaluation of cyclin and cmyc genes expression in prognosis and course of disease in patients papillary thyroid cancer
22. Prevalence of BRAF V600E gene mutation in patients with indeterminate and atypic FNA and relationship between sonographic, cytological characteristics and thyroid examination in Besat clinic in Kerman
23. The trend of diabetes and its treatment in Kerman
24. Study on the effects of co-administration of lipase inhibitor and Alpha glucosidase inhibitor in control of weight in obese patients.
25. The Effectiveness of Mindfulness-Based Intervention on the Empowerment of Patients with Type 2 Diabetes

Teaching Experience

1. 1995 to date – Pathophysiology of endocrine diseases and Internal medicine, to medical students as Assistant Professor of Endocrinology, Kerman University of Medical Sciences and health service, Kerman, Iran
2. 2001 to date – Continuous medical education courses, to general practitioners, internists, gynecologists, endocrinologists, Kerman University and Tehran University, Iran
3. 2001 to date – Endocrinology, to medical students and residents, Kerman University of Medical Sciences and health service, Kerman, Iran
4. 1995-1999 – Internal medicine, to medical students and residents, Kerman University of Medical Sciences and health service, Kerman, Iran

Languages

1. English – fluent – spoken and written
2. Farsi – fluent – spoken and written

References

1. Dr. Fereidon Azizi, Professor of Endocrinology, Endocrine Research Centre, Shahid Beheshti University, Tehran, Iran
2. Dr. Bagher Larijani Professor of Endocrinology, Endocrine Research Centre, Tehran University, Tehran, Iran
3. Dr. Gholamhossein Omrani, Professor of Endocrinology, Endocrine Research Centre, Shiraz University, Shiraz, Iran

Theses

1. Chemoprophylaxis in surgery – MD, under supervision of Dr. Salajeghe Assistant Professor of Infectious diseases, Kerman University of Medical Sciences, Kerman, Iran
2. TG, cholesterol, HDLC, LDLC in hyperthyroid patients (Graves disease) before and after treatment -Internal medicine specialty, under supervision of Dr. Omrani, Professor of Endocrinology, Shiraz University of medical Sciences, Shiraz, Iran
3. Incidence of type 2 diabetes mellitus in childhood and adolescents in Tehran, Iran Endocrinology specialty, under supervision of Dr. Azizi, Professor of Endocrinology, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Theses – Consulted or Supervised

1. Prevalence of subclinical hypothyroidism in diabetic patients in Kerman, Iran
2. Prevalence of hypothyroidism and iron deficiency in preschool children with low IQ in Kerman, Iran, and effects of treatment on IQ
3. Prevalence and etiologic factors of goiter in 8-12 years old children in Kerman, Iran
4. Assessment of demographic and clinical feature of thyroid cancer patients referring to an endocrine clinic
5. Study in differentiation of new and previous (6th and 5th) TNM system classification in differentiated thyroid carcinoma and free survival in patients in Kerman province endocrine clinic
6. Evaluation of thyroid fine needle aspiration for cytohistologic concordance
7. Assessment of quality of life among patients with diabetic foot ulcer in Kerman in 1386-1387
8. The effects of aqualy-methanoly root extract of *Berberis aristata* on blood glucose in type 2 diabetic patient and its probable complications
9. Evaluation of effect of Acarbose consumption on weight loss in non-diabetic obese patients in Kerman in 1387
10. To study the efficacy of Vit D prescription on the pulmonary function and serum levels of CRP and anti-oxidant in patients with COPD exacerbation (Double blind clinical trial)
11. Achievement of American Diabetes Association Clinical Practice Recommendations among Kerman adults with Diabetes
12. Safety profile and metabolic effects of *Rosa damascena* extract in patients with type II diabetes and healthy volunteers
13. Investigation of serum prolactin level in women with hyperthyroidism and normal control females
14. Association between urinary IgM excretion and diabetic retinopathy in diabetic patient
15. Investigation of the safety profile, metabolic and pharmacokinetic effect of extract of *Berberis aristata* on blood glucose versus Metformin in patients with type 2 diabetic mellitus.
16. The Investigation of the efficacy of insulin glargine on glycemic control when combined with either metformin and/ or acarbose in obese Type 2 diabetic patients.
17. Prevalence and some causes (physical activity, nutrition, etc.) of obesity in primary school children in Kerman in 1393
18. Assesment of validity and reliability of quality of life questionnaire in thyroid cancer patients and Quality of life and its effective factors in patients with thyroid cancer by using the persian version of specific questionnaire in kerman
19. Evaluation of dcyclin and cmyc genes expression in prognosis and course of disease in patients papillary thyroid cancer
20. Evaluation of B-Catenin gene expression in prognosis and course of disease in patients with papillary thyroid cancer

: 2003 to date – Consultant at Journal of Kerman University of Medical Sciences
: 2003 to date – Consultant at Journal of Rafsanjan University of Medical Sciences
: 2005-2006 – Consultant at Iranian Journal of Diabetes and Lipid Disorders

Congress

1. Sanjari M, Soltani A, Khorasani AH, Shokoohi M, Zareinejad M. Efficacy of vitamin D on COPD exacerbation: a double blind randomized placebo-controlled clinical trial. In 15th European Congress of Endocrinology 2013 Apr 1 (Vol. 32). BioScientifica.
2. Dehghan F, Najafipour H, Sanjari M, Shokohi M, Shadkam M. Prevalence Of Type 2 Diabetes And Associated Risk Factors In The 15 To 75-Year Population of Kerman: The Results of A Population Based (Kercadrs) Study. Iranian Congress of Physiology and Pharmacology; Tabriz University of Medical Science, Society of Physiology and Pharmacology; 2013.
3. Prevalence of type 2 diabetes mellitus in adolescents – Abstract presented at 7th International Congress of endocrine disorders and published in Iranian Journal of Endocrinology and metabolism, suppl. 1, 1383.

Publications

1. Shahrzad MK, Javadi E, Larijani B, **Sanjari M**, Jalili RB. Effects of Ramadan fasting on thyroid function test. Iranian Journal of Endocrinology and Metabolism 2001; 3(4):24.
2. Pajouhi M, Larijani B, Yarahmadi S, **Sanjari M**, Amini M. Effect of Ramadan on sex hormones and gonadotropins in healthy and young men. Iranian Journal of Endocrinology and Metabolism 2001; (3): 25.
3. Larijani B, Pajouhi M, **Sanjari M**, Shafaei A, Amini M. Effects Of Ramadan On Lipid Profile In Healthy Adults. Iranian Journal of Endocrinology and Metabolism 2001; 3; 24.
4. Yarahmadi S, Larijani B, **Sanjari M**, Javadi E, Jalili Rb. Effects of Ramadan on Gonadotropins and Sex Hormones In Healthy Women. Iranian Journal of Endocrinology and Metabolism 2001; 3: 26.
5. Larijani B, **Sanjari M**, Zahedi F, Baradar-Jalili R, Amini MR, Rahimi I. Effect of Ramadan Fasting On Blood Glucose in Healthy Adults. Iranian Journal of Diabetes and Metabolism. 2002 Jul 10;1(2):149-52.
6. Larijani B, Zahedi F, **Sanjari M**, Amini MR, Jalili RB, Adibi H, Vassigh AR. The effect of Ramadan fasting on fasting serum glucose in healthy adults. Medical Journal of Malaysia. 2003 Dec 1;58(5):678-80.
7. Fakhrzadeh H, Larijani B, **Sanjari M**, Baradar-Jalili R, Amini MR. Effect of Ramadan fasting on clinical and biochemical parameters in healthy adults. Annals of Saudi Medicine. 2003 May;23(3-4):223-6.
8. **Sanjari M**, Hedayati M, Azizi F. Prevalence of type 2 diabetes mellitus in 3-19 age group in east of Tehran in 2001. Iranian Journal of Endocrinology and Metabolism. 2004 Jun 10;6(2):119-26.

9. Moshtaghi-Kashanian GH, Gholamhossienian A, **Sanjari M**, Kor M. Evaluation of ghrelin and leptin in patient with thyroid malfunction. *Journal of Kerman University of Medical Sciences*. 2005;12:217-9.
10. **Sanjari M**, Larijani B, Bradar-Jalili R, Amini MR, Akrami SM. Effects of Ramadan fasting on Insulin-like growth factor-1 and low-density Lipoprotein in healthy adults. *KAUMS Journal (FEYZ)*. 2005 Oct 10;9(3):30-3.
11. Alavi A, **Sanjari M**, Haghdoost A, Sibbald R. Diabetic foot ulcers in Kerman, Iran: prospective, descriptive review 123. *Wound Repair and Regeneration*. 2007 Mar;15(2).
12. **Sanjari M**, Gholamhosseinian A, Nakhaee N, Mashrooteh M. Assessment of cobalt status: a comparison between goiterous children and healthy control subjects. *Endocrine* 2008; 16: 706.
13. Alavi A, **Sanjari M**, Haghdoost A, Sibbald RG. Common foot examination features of 247 Iranian patients with diabetes. *International Wound Journal*. 2009 Apr;6(2):117-22.
14. Eslammanesh T, Dabiri S, Pourseyedi B, **Sanjari M**. A Case Report of Insulinoma in Multiple Endocrine Neoplasia Type I. *Avicenna Journal of Clinical Medicine*. 2009 Jun 15;16(1):48-51.
15. Eslammanesh T, Dabiri S, Pourseyedi B, **Sanjari M**. A Case Report of Insulinoma in Multiple Endocrine Neoplasia Type I. *Avicenna J Clin Med* 2009; 16 (1):48-51. [In Persian]
16. Peimani M, Tabatabaei-Malazy O, Heshmat H, **Sanjari M**, Pajouhi M. Knowledge, Attitude and Practice of physicians in the field of diabetes and its complications; A pilot study. *Journal of Diabetes and Metabolic Disorders*. 2010;9:10.
17. Peymany M, Tabatabaye Malazy A, Heshmat R, Amiri Moghaddam S, **Sanjari M**, Pajouhi M. Knowledge, attitude and practice in the field of diabetes and its complications. *Journal of Lipid and Diabetes*. 2010;9(4):357-64.
18. Moshtaghi Kashanian GR, Forohar D, **Sanjari M**. Serum resistin a biomarker of type II diabetes development. *J Intern Med*. 2010; 1 (2):39-46.
19. **Sanjari M**, Mahdavi A. Evaluation of thyroid fine needle aspiration for pathological concordance. *Pars Journal of Medical Sciences* 2010; 8 (4):14-21.
20. **Sanjari M**, Mirzazadeh A, Asl SZ, Saadat N, Tohidi M, Azizi F. P2-193 Confirmatory factor analysis of metabolic syndrome components in Iranian adolescents: Tehran Lipid and Glucose Study. *Journal of Epidemiology & Community Health*. 2011 Aug 1;65(Suppl 1):A274.
21. **Sanjari M**, GHolam Hoseiniyan A, Nakhaei N, SHekohi M, Moeini MO. The Effect of Salt Iodination Program on the Prevalence of Goiter in 9-11 Year Old Schoolchildren of Kerman in 2006. *Journal of Kerman University of Medical Sciences*. 2011;17(3):226-34.
22. **Sanjari M**, Khodashahi M, Gholamhoseinian A, Shokoohi M. Association of adiponectin and metabolic syndrome in women. *J Res Med Sci*. 2011 Dec; 16(12): 1532–1540.
23. **Sanjari M**, Safari S, Shokoohi M, Safizade H, Rashidinezhad H, Mashrouteh M, Alavi A. A cross-sectional study in Kerman, Iran, on the effect of diabetic foot ulcer on health-related quality of life. *The International Journal of Lower Extremity Wounds*. 2011 Dec;10(4):200-6.

24. Porseyyedi B, Zenalinejhad H, Moslemi-Aghili SM, Aghaei-Afshar M, Lashkarizadeh MR, **Sanjari M**, Yosefzadeh GH, Gozashti MH. Comparison of the Frequency of Recurrent Laryngeal Nerve Injury with and without Exploration of the Nerve in Thyroidectomy. *Journal of Kerman University of Medical Sciences*. 2012 Jan 1;19(3):300-7.
25. Najafipour H, Mirzazadeh A, Haghdoost A, Shadkam M, Afshari M, Moazenzadeh M, Nasri H, Masoomi M, Mirzaiepour F, Azimzadeh BS, Forood A, Bahreini F, Mahmoudi M, **Sanjari M**, Mohamadi TM, Banivaheb G, Naderi M, Kashanian GM, Afshar RM, Ghazanfari Z, Navadeh S, Esmaeili AS. Coronary Artery Disease Risk Factors in an Urban and Peri-urban Setting, Kerman, Southeastern Iran (KERCADR Study): Methodology and Preliminary Report. *Iran J Public Health*. 2012;41(9):86-92.
26. **Sanjari M**, Gholamhoseinian A, Nakhaee A. Serum zinc levels and goiter in Iranian school children. *Journal of Trace Elements in Medicine and Biology*. 2012 Jan 1;26(1):42-5.
27. Aalaa M, Malazy OT, **Sanjari M**, Peimani M, Mohajeri-Tehrani MR. Nurses' role in diabetic foot prevention and care; a review. *Journal of Diabetes & Metabolic Disorders*. 2012 Dec;11(1):1-6.
28. Nakhaee A, **Sanjari M**. Evaluation of effect of acarbose consumption on weight losing in non-diabetic overweight or obese patients in Kerman. *J Res Med Sci*. 2013 May; 18(5): 391–394.
29. Khatibi M, **Sanjari M**, Shokouhi M. Nuts Consumption and Frequency in Physicians and Nurses: PO3112. *Annals of Nutrition and Metabolism*. 2013 Sep;63:1767-8.
30. Kakoei S, Hosseini B, Haghdoost AA, **Sanjari M**, Hashemipour MA, Gholamhosseinian A. The detection of salivary glucose, caries and periodontal status in diabetes mellitus patients. *Journal of Oral Health and Oral Epidemiology*. 2014 Oct 8;3(2):79-84.
31. **Sanjari M**, Gholamhoseinian A, Nakhaee A. The association between cobalt deficiency and endemic goiter in school-aged children. *Endocrinology and Metabolism*. 2014 Sep 1;29(3):307-11.
32. Khamseh ME, Nakhjavani M, Hosseinpanah F, Kalantari S, **Sanjari M**, Mohammadbeigi M. Metabolic control and prevalence of diabetes related complications in patients with type 2 diabetes: Baseline results of the A1chieve study. *Payesh* 2014; 13(6): 705 - 712. [In Persian]
33. Kakoei S, Hosseini B, Haghdoost AA, **Sanjari M**, Hashemipour MA, Gholamhosseinian A. The detection of salivary glucose, caries and periodontal status in diabetes mellitus patients. *Journal of Oral Health and Oral Epidemiology*. 2014 Oct 8;3(2):79-84.
34. Kakoei S, Hosseini B, Haghdoost AA, **Sanjari M**, Gholamhosseinian A, Afshar VF. Evaluation of salivary secretory immunoglobulin A levels in diabetic patients and association with oral and dental manifestations. *Sultan Qaboos University Medical Journal*. 2015 Nov;15(4):e507.
35. Hamid Najafipour H, **Sanjari M**, Mostafa Shokoohi M, Haghdoost AA, Afshari M, Shadkam M, Etemad K, Ali Mirzazade A. Epidemiology of diabetes mellitus, pre-diabetes, undiagnosed and uncontrolled diabetes and its predictors in general population aged 15 to 75 years: A community-based study (KERCADRS) in southeastern Iran. *J Diabetes*. 2015 Sep;7(5):613-21.
36. Khatibi M, **Sanjari M**, Farrokhi H, Amirzadeh R, Kashani B. Prevalence of underweightness and obesity as risk factors of future cardiovascular disease and type 2 diabetes among children in Iran. *World Heart Journal*. 2016 Jul 1;8(3):251-259.

37. **Sanjari M**, Asadikaram GR, Beigzadeh F, Torabian S, Safi Z, Tafreshi AG. The association between urinary IgM excretion and diabetic retinopathy in diabetic patients. *Journal of Diabetes & Metabolic Disorders*. 2016 Dec;15(1):1-7.
38. Khatibi M, **Sanjari M**, Chibisov S, Shastun S, Kharlitskaya E. Proatherogenic diet and lifestyle factors among health professionals in Iran. *World Heart Journal*. 2016 Oct 1;8(4):337.
39. **Sanjari M**, Safi Z, Tahroodi KM. Hyperthyroidism and Hyperprolactinemia: Is There any Association?. *Endocrine Practice*. 2016 Dec 1;22(12):1377-82.
40. **Sanjari M**, Soltani A, Khorasani AH, Zareinejad M. The effect of vitamin D on COPD exacerbation: a double blind randomized placebo-controlled parallel clinical trial. *Journal of Diabetes & Metabolic Disorders*. 2016 Dec;15(1):1-7.
41. Asadikaram G, Noroozi S, Meimand HA, **Sanjari M**, Zainodini N, Khoramdelazad H, Shahrokhi N, Arababadi MK. Interferon- β 1a Modulates Expression of RAGE but Not S100A12 and Nuclear Factor- κ B in Multiple Sclerosis Patients. *Neuroimmunomodulation*. 2017;23(5-6):345-51.
42. Shahrababaki ME, Khatibi M, **Sanjari M**, Amirzadeh R, Farokhi H. Comparing the Dietary Behaviors of Hyperactive-Attention Deficit Children with Healthy Children and Its Relationship with Weight Indices in Both Groups. *J Child Adolesc Behav*. 2018;6(375): 1-5.
43. Khatibi M, **Sanjari M**, Tafreshi AG, Chibisov S, Kharlitskaia E. Study of pro-atherogenic risk factors among children in Iran. *World Heart Journal*. 2018;10(1):25-31.
44. Ziari K, **Sanjari M**, Safavi M. Immunohistochemical evaluation of β -catenin marker in papillary thyroid cancer: clinicopathologic significance. *Iranian Journal of Pathology*. 2018;13(2):151-156.
45. Sadeghi A, Asgari AA, Moulaei N, Mohammadkarimi V, Delavari S, Amini M, Nasiri S, Akbari R, **Sanjari M**, Sedighi I, Khoshnevisasl P. Combination of different clinical reasoning tests in a national exam. *Journal of Advances in Medical Education & Professionalism*. 2019 Oct;7(4):229-233.
46. Kordestani Z, **Sanjari M**, Safavi M, Mashrouteh M, Asadikaram G, Abadi MF, Mirzazadeh A. Enhanced beta-catenin expression is associated with recurrence of papillary thyroid carcinoma. *Endocrine Practice*. 2018 May 1;24(5):411-8.
47. Asadikaram G, Akbari H, Safi Z, Shadkam M, Khaksari M, Shahrokhi N, Najafipour H, **Sanjari M**, Arababadi MK. Downregulation of IL-22 can be considered as a risk factor for onset of type 2 diabetes. *Journal of Cellular Biochemistry*. 2018 Nov;119(11):9254-60.
48. Tabrizi R, Borhani-Haghighi A, Mirhosseini N, Lankarani KB, Naghibzadeh-Tahami A, Akbari M, Heydari ST, **Sanjari M**, Kolahdooz F, Raygan F, Asemi Z. The effects of alpha-lipoic acid supplementation on fasting glucose and lipid profiles among patients with stroke: A systematic review and meta-analysis of randomized controlled trials. *Journal of Diabetes & Metabolic Disorders*. 2019 Dec;18(2):585-95.
49. Tabrizi R, Asemi Z, Lankarani KB, Akbari M, Khatibi SR, Naghibzadeh-Tahami A, **Sanjari M**, Alizadeh H, Afshari M, Khodadost M, Moosazadeh M. Gestational diabetes mellitus in

association with macrosomia in Iran: a meta-analysis. *Journal of Diabetes & Metabolic Disorders*. 2019 Jun;18(1):41-50.

50. Sanjari M, Gholamhoseinian Najar A, Ghaseminejad Tafreshi A. The Safety and Efficacy of Rosa Damascena Extract in Patients with Type II Diabetes: preliminary Report of a Triple Blind Randomized Acarbose Controlled Clinical Trial. *Journal of Kerman University of Medical Sciences*. 2019 Jan 1;26(1):22-35.

51. Sanjari M, Shamsinejad B, Khazaeli P, Safi Z, Mirrashidi F, Naghibzadeh-Tahami A. Safety and efficacy of Berberis integerrima root extract in patients with type 2 diabetes. A parallel intervention based triple blind clinical trial. *Journal of Diabetes & Metabolic Disorders*. 2020 Jun;19(1):71-80.

52. Sanjari M, Kordestani Z, Safavi M, Mashrouteh M, FekriSoofiAbadi M, Tafreshi AG. Enhanced expression of Cyclin D1 and C-myc, a prognostic factor and possible mechanism for recurrence of papillary thyroid carcinoma. *Scientific Reports*. 2020 Mar 20;10(1):1-9.

53. Shahvali S, Shahesmaeili A, **Sanjari M**, Karami-Mohajeri S. The correlation between blood oxidative stress and sialic acid content in diabetic patients with nephropathy, hypertension, and hyperlipidemia. *Diabetology International*. 2020 Jan;11(1):19-26.

54. Kermani MT, **Sanjari M**, Nakhaei N, Parirokh M, Abbott P. Comparison of pulp sensibility tests responses in type 2 diabetes patients and healthy individuals. *Journal of Endodontics*. 2020 Mar 1;46(3):364-9.

55. Salimi F, Asadikaram G, Abolhassani M, Nejad HZ, Bagheri F, Kahnouei MM, Abbasi-jorjandi M, **Sanjari M**. Association between Organochlorine Pesticides and Thyroid Tumors; an in-silico and in-vivo Case Control Study. 2020. DOI:10.21203/rs.3.rs-117253/v1

56. Asadikaram G, Meimand HA, Noroozi S, **Sanjari M**, Zainodini N, Arababadi MK. The effect of IFN- β 1a on expression of MDA5 and RIG-1 in multiple sclerosis patients. *Biotechnol Appl Biochem*. 2021 Apr;68(2):267-271. doi: 10.1002/bab.1920.

57. Salimi F, Asadikaram G, Abolhassani M, Nejad HZ, Abbasi-Jorjandi M, Bagheri F, Kahnouei MM, **Sanjari M**. Organochlorine pesticides induce promoter hypermethylation of MGMT in papillary thyroid carcinoma. *Gene Reports*. 2021 Jun 1;23:101142.

58. Sanjari M, Shakibi M, Safavi M. Henoch–Schönlein Purpura (IgA Vasculitis) in Association with Thyrotoxicosis. *Case Reports in Endocrinology*. 2021 May 22;2021.

59. Nejad FR, Mohammadi MM, **Sanjari M**, Afshar RM, Jafari E. Distribution of Myeloid and Plasmacytoid Dendritic Cell Subpopulations in Peripheral Blood of Hyperprolactinemic Women. *Iranian Journal of Allergy, Asthma and Immunology*. 2021 Apr 17:1-7.

60. Torabiyani S, Dalfardi B, **Sanjari M**. Asymptomatic COVID-19 as a Risk Factor of Diabetic Ketoacidosis and Mucormycosis: A Case Report and Review of the Literature. *Case Reports in Endocrinology*. 2021 Nov 11;2021.

61. Najafipour H, Farjami M, **Sanjari M**, Amirzadeh R, Shadkam Farokhi M, Mirzazadeh A. Prevalence and incidence rate of diabetes, pre-diabetes, uncontrolled diabetes, and their predictors in the adult population in southeastern Iran: findings from KERCADR study. *Frontiers in public health*. 2021:1530.

62. Sanjari M, Shakibi M, Safavi M. Henoch–Schönlein Purpura (IgA Vasculitis) in Association with Thyrotoxicosis. *Case Reports in Endocrinology*. 2021 May 22;2021.

63. Pourhabibi N, Sadeghi R, Mohebbi B, Shakibazadeh E, **Sanjari M**, Tol A, Yaseri M. Factors affecting nonadherence to treatment among type 2 diabetic patients with limited health literacy: Perspectives of patients, their families, and healthcare providers. *Journal of Education and Health Promotion*. 2022 Jan 1;11(1):388.

64. Pourhabibi N, Mohebbi B, Sadeghi R, Shakibazadeh E, **Sanjari M**, Tol A, Yaseri M. Factors associated with treatment adherence to treatment among in patients with type 2 diabetes in Iran: A cross-sectional study. *Frontiers in Public Health*. 2022;10.

65. Pourhabibi N, Mohebbi B, Sadeghi R, Shakibazadeh E, **Sanjari M**, Tol A, Yaseri M. Determinants of Poor Treatment Adherence among Patients with Type 2 Diabetes and Limited Health Literacy: A Scoping Review. *Journal of Diabetes Research*. 2022 Jul 4;2022.

66. Sanjari M, Esmaeeli M, Habibeh A. Thyroid cancer-specific health-related quality of life questionnaire: Psychometric properties of the persian version. *International Journal of Preventive Medicine*. 2022 Jan 1;13(1):53.

67. Hajializadeh Z, Khaksari M, Najafipour H, **Sanjari M**, Mahani FD, Raji-Amirhasani A. Substitution of calorie restriction for protective effects of estrogen on cardiometabolic risk factors and oxidative stress in obese postmenopausal rat model. *Life Sciences*. 2022 Apr 1;294:120367.

Books

1. Khatibi M, **Sanjari M**. What we should know about diabetes Teimoorzadeh: Tehran, Iran; 2005.

Posters

1. Posters presented at International Congress of Ramadan fasting and published in *Iranian Journal of Endocrinology and Metabolism*, suppl 1 1380

- : Effects of Ramadan fasting on glucose in healthy adults
- : Effects of Ramadan fasting on lipids in healthy adults
- : Effects of Ramadan fasting on thyroid hormones in healthy adults
- : Effects of Ramadan fasting on sex hormones on males
- : Effects of Ramadan fasting on sex hormones on females
- : Effects of Ramadan fasting on IGF₁ and Prolactin in healthy adults
- : Effects of Ramadan fasting on anxiety and depression in healthy adults

2. Posters presented at The Third Asian and Ocean Congress of Endocrinology and published in abstract book

- : Assessment of treatment route and factors affecting the response to treatment in hyperthyroid patients referring to an endocrine clinic
- : IGF1 in goiterous adolescents: the correlation between IGF1, height, weight, BMI and thyroid gland volume

- : Does thyroid autoimmunity prevent the reduction of goiter prevalence in Iran?
- : Does iron deficiency prevent the decrement of goiter prevalence in Iran?
- : 2005 – Height, weight, BMI, percentile in elementary school children in Kerman, Iran
- : Assessment of demographic and clinical features of thyroid cancer patients referring to an endocrine clinic, 1999-2004

3. Other posters

- : Evaluation of thyroid fine needle aspiration for cytohistologic concordance, presented at The 1st National Congress of Endocrine & Metabolism Update, Isfahan, and published in abstract book
- : Does zinc deficiency prevent the reduction of goiter prevalence in Iran? Presented at The 2nd Iranian Congress of Paediatric Endocrinology, Isfahan, and published in abstract book
- : Study in differentiation of new and previous (6th and 5th) TNM system classification in differentiated thyroid carcinoma and free survival in patients in Kerman province endocrinology clinic, presented at The National Congress of thyroid and parathyroid surgery, Tehran, and published in abstract book
- : Confirmatory factor analysis of metabolic syndrome components in Iranian adolescents: Tehran Lipid and Glucose Study Journal of Epidemiology and Community Health 65 (Suppl 1), A274-A274
- : Efficacy of vitamin D on COPD exacerbation: a double blind randomized placebo-controlled clinical trial BioScientifica
- : IDF 2015, Antihyperglycemic effect of Berberis aristata root extract in patients with diabetes : A triple blind clinical trial M. Sanjari, B. Shamsinejad, M. Shokouhi Abstract: 0415-P